

SFCARD Emergency Preparedness Training Events**The Information Exchange: Volunteer Management in a Disaster**

Have you ever considered how your agency would function in a disaster? Will you need volunteers to provide services to your clients? What type of skills will your volunteers need to have? Will your regular volunteers be able to cope, or will you need additional volunteers? Where will you find more volunteers? How will you manage your volunteers? What will you do if you have a difficult volunteer?

Join **SFCARD** and the **Disaster Volunteer Advocates** (DVA) for the third **FREE** disaster preparedness seminar on **Thursday, December 5th from 9-11am** at the Rose Resnick Lighthouse for the Blind and Visually Impaired at 214 Van Ness Avenue at Hayes to learn about these vital issues and more!

Visit our website for further information: www.sfcard.org

**The Disaster Files****Winter Storm Preparation:**

The recent storms and high winds meant that many people went without power this month. These outages highlight the importance of being prepared *at all times*.

- **Always** have a flashlight handy.
- Keep a supply of food and water on hand to last three days to a week, just in case you cannot cook or the water is contaminated.
- Have a standard telephone, portable phones will not work in a power cut and cell phone systems overload quickly.
- Use the buddy system - check on your friends and neighbors regularly, especially children, seniors and people with disabilities to make sure they are alright.
- Listen to your radio (KCBS 740AM in San Francisco) for the latest news and updates.

Other Training Opportunities

SFFD NERT is sponsoring a **HAM CRAM LICENSING/ STUDY SESSION** on **Saturday, December 7th from 8:30am to 4:00pm** at 2300 Folsom Street at 19th Street. The cost of the class is \$10.00 and will train you and then administer the FCC license examination for the basic HAM license. For further information or to sign up contact Bob Jacklevich at jacklevich@yahoo.com.

GET YOUR HOME READY TO STAND UP TO QUAKES! ABAG and the Red Cross are sponsoring a free workshop this **Saturday, November 23 from 9:30-11:30am** at the San Francisco County Fair Building (Hall of Flowers) at 9th and Lincoln Streets. Doors open at 9:15am. Call Michael Smith at (510) 464-7948 or email him at Michaels@abag.ca.gov to reserve your space.

DO YOU NEED VOLUNTEERS? If so, contact Jill at the Volunteer Center of San Francisco: (415) 982-8999 ext. 228

The Bay Area Emergency Preparedness Coalition for Seniors and People with Disabilities will come to your site and provide a free 30-45 minute **"Self in Home Training"**. For further information contact Anna Swardenski on (510) 505-9556.

**What's Shaking - SFCARD News**

Need help with disaster preparedness? Contact SFCARD to set up an appointment for agency disaster preparedness training: sanfranciscocard@yahoo.com or leave a message on (415) 558-2737